

COLCHESTER CAUSEWAY RACE

June 4, 2016

BEGINS @ 8:30am



Choose to run a 5K or 15K on Colchester's scenic, Causeway Path over Lake Champlain! The race starts at Airport Park and follows a gravel trail out onto the Causeway. Runners will make their way to designated turn-around points on the Causeway before returning to the finish at Airport Park.

Results, T-Shirt, and post-race refreshments included.

15K Runners must be at least 12 years old.

Registration Form on back.

Or register online through:



Registration Fees:

\$25.00 — 5K

\$30.00 — 15K

**Limit 200 5K Runners &
250 15K Runners!**

Colchester Parks & Recreation Department

Causeway 5K/15K Running Race

Saturday, June 4th, 2016

Race begins at 8:30 a.m.

Airport Park, 488 Colchester Point Road, Colchester, VT 05446



2016 Registration Form

Gender (Circle): Female Male Race Distance (Circle): 5KM 15KM

Last Name: _____ First Name: _____

T-Shirt Type & Size (Circle): Male or Female S M L XL XXL

Address: _____

Register by May 1st to
guarantee your shirt size

City, State, Zip: _____

Phone: _____ Email: _____

Birthdate: ____/____/____ Age On Race Day: _____

Registration Fee: \$25.00 5K \$30.00 15K

Make checks payable to: Colchester Parks & Recreation Department

Master Card and Visa Accepted: Master Card Visa

Card # _____ Exp. Date: _____

Mail registration & payment to: Colchester Parks & Recreation, P.O. Box 55, Colchester, VT 05446

Online registration available - Powered by: 

WAIVER OF LIABILITY: I hereby for myself, my heirs and executors waive and release all rights and claims by damages I may have against the Colchester Parks & Recreation Department, race sponsors, race organizers, volunteers and Town of Colchester through which the race passes for all injuries suffered by me during my participation in the 2016 Colchester Causeway Race. I verify that I am physically fit and sufficiently trained for this competition and that my physical condition for participation in these types of events have been verified by a licensed medical doctor during the last six months.

RACE WAIVER: I assume all risks associated with running in this event, including but no limited to: falls, contact with other participants, the effects of the weather, including high heat and/or wind, the conditions of the causeway, all such risks being known and appreciated by me. I understand that bicycles, baby joggers, roller blades and running with a dog are not allowed in the race and I will abide by all race rules. I agree to abide by any decision of a race official relative to my ability to safely complete the run. The undersigned further grants full permission to Colchester Parks & Recreation and or agents authorized by them to use any photographs, videotapes, recordings, or any other record of this event for any purpose.

REFUND POLICY: No refunds will be issued for any reason after you register for this event. Entries CANNOT be transferred to another event or year. Entries can be transferred to another person no later than Tuesday, May 31, 2016 by calling (802) 264-5640. By registering for this event you agree to the refund policy.

Signature (if under 18, parent signature required): _____

Date: _____