



Make a difference by

Volunteering

COLCHESTER CAUSEWAY 5K/10K/15K RACE

Always held on the first Saturday of June

Volunteer Position	Description	Day	Time	Location
Pre-Race Check-In	Distribute racer packets and answer questions	Friday before event	8:00 a.m. – 12:00 p.m. & 12:00 – 4:00 p.m.	Colchester Town Hall
Race Day Check-In	Help distribute racer packets, and answer questions on race day *Must have good communication skills	Day-of Event	6:30 – 8:00 a.m.	Airport Park School House
Race Day Runner	Communicate race day changes that occur at check-in to race timer, assist MC with announcements	Day-of Event	6:30 – 8:30 a.m.	Airport Park School House & Start/Finish Line
Back-Up Timing	Record race times for race results	Day-of Event	8:00 – 11:00 a.m.	Airport Park Finish Line
Course Crew	Provide course guidance and direction to racers to stay on course	Day-of Event	7:30 – 11:00 a.m.	Airport Park Loop
Mills Point Control	Assist CPD Officer at Mills Point – Causeway crossing	Day-of Event	7:30 – 11:00 a.m.	Mills Point
Turn Around Points	Ensure 5K runners, 10K runners, or 15K runners reach appropriate turn around markers, record bib #'s, monitor safety and offer cheer	Day-of Event	7:30 – 11:00 a.m.	Designated points on Causeway Path <i>(15K Turn around at The Cut)</i>
Water Station	Distribute cups of water, refill and clean up after race	Day-of Event	7:30 – 11:00 a.m.	Mills Point Crossing & Causeway
Refreshments	Help prepare, re-stock and monitor refreshment tables for participants after race	Day-of Event	8:00 – 11:00 a.m.	Airport Park